

niche
destinations

FACTS
&
FIGURES



Plunhof

Home of Generations

ITALY | SOUTH TYROL
Ridnaun | Ratschings



My
perfect
day



'Mountain air recharge on
the green roof after early
morning Yoga'

'Outdoor breakfast with
views over the impressive
peaks of the Stubai Alps'

'Mountain bike ride along
the ancient miner's routes'

'Cookery lesson with the
hotel's chef'

'Cappuccino under the
palm trees of nearby
Merano'

'Spa time in the saltwater
whirlpool & tunnel sauna'

'Deep regeneration with
a silver quartzite stone
massage'

'Fly fishing in a
mountain stream'

'Wine tasting at dusk'

'Event at the hotel's own
16th-century Tötschhof
farmhouse'

HOTEL
PLUNHOF



HISTORY

1979: Hotel Plunhof founded by Leopold & Paula Volgger • 2014: extension to Spa Minera – new concept unique in Europe: ‘wellness above and below the surface’ • 2018: €6.5 million investment and comprehensive extension to Spa Minera

LOCATION

Idyllically situated at 1,340m above sea level in Ridnaun, a village of 850 people in South Tyrol’s picturesque Ridnaun/Ridanna Valley, part of the Ratschings/Racines Three Valleys region. Encircled by the three peaks of the Stubai Alps, the climate has a mild, Mediterranean character

MANAGEMENT

Paula Volgger & eight Volgger siblings • The third generation is already getting involved

PHILOSOPHY

Dolce vita and spa bliss in South Tyrol

OFFICIAL RATING

4-star superior

AWARDS – ACCOLADES

Connoisseur Circle 2020: The Best Hotels in South Tyrol – 2nd place in the ‘Guest Check’ category

World Luxury Spa Awards 2019: Best Unique Experience Spa

HEALTH & SPA AWARDS 2017: 3rd place in the ‘Best Destination SPA’ and ‘Best of Italy’ categories

Gala SPA Awards 2016: top 3 placement in the ‘Innovative SPA Concepts’ category

TripAdvisor Certificate of Excellence 2018

ClimateHotel pre-certification since January 2015

EU Ecolabel certification since 2015

ANNUAL OPENING

Open all year, except two seasonal closures in spring and autumn

ACCOMMODATION

67 rooms & suites from 25-70sqm • All suites are named after Volgger family members • All rooms offer balcony or access to terrace or sunbathing area, LCD-TV, Wi-Fi, safe, telephone, desk, sofa. Some suites are fully accessible or offer special features including rustic oven or balcony whirlpool

RATES

€143-€194 pp/pn including Plunhof half board & services

FACILITIES

Restaurant • Wine cellar • Lobby • Wi-Fi throughout the hotel • Bar • Over 4,000sqm Spa Minera with Aqua Minera indoor & outdoor water world • Panoramic gym • Panoramic Yoga & meditation room • Panoramic sunbathing areas • Ski room • Billiards • 4-lane bowling alley • Chimney Room & library • Games room • Underground parking with EV charging point

CUISINE

South Tyrolean, Italian & Mediterranean gourmet cuisine • Chefs Peter & Egon Volgger • Hotel restaurant with four wood-panelled *Stuben*, two *Stuben* remodelled in 2018 • Bar • ‘Bacchus’ wine cellar with more than 600 labels, focus on South Tyrol & Italy • Tastings with wine experts Günter & Erwin Volgger

SPA

4,000sqm destination Spa Minera & Acqua Minera • Spa Minera concept: 'wellness above and below the surface' • Miner's meadow with outdoor saltwater whirlpool and sauna terrace • Miner's house with 45sqm miner's sauna (80°C-100°C) and pithead (relaxation zone on the upper floor of miner's house with panoramic views) • World of grottos with tunnel pool, tunnel sauna (80°C-100°C) and grotto realm relaxation area • Miner's realm with *Feuerlöchl* infrared cubicles, thermal shower temple, three Kneipp pools, steam room, bio sauna (60°C) • *Himmelreich* sauna relaxation lounge • Spa lobby, lounge & drinks bar

Acqua Minera: • Source of wellbeing: 20m indoor pool, indoor relaxation pool linked to outdoor poolscape, year-round heated 17m outdoor pool, outdoor Jacuzzi, 173sqm natural pool with water loungers • A breath of fresh air: spacious relaxation area around the natural pool, relaxation roof terrace – breathe easy in a green oasis, Yoga and meditation roof terrace with inspiring vistas • Grounding and peace: relaxation gallery with double loungers, library and fireplace, panoramic relaxation room • New energy and a way of rediscovering your inner self: panoramic fitness hall, panoramic Yoga & meditation hall • Elemental power: powerful purity in natural products, anti-ageing with high-tech active ingredients, Spa Minera signature treatments – harnessing the power of the Alps, Alpine rituals for body and soul • Beauty, massage & treatment cabins • Treatments by Dr. Spiller, IQMS Medicosmetics & Mary Cohr Paris • Facials, body treatments, massages, baths & wraps, skincare for men, wellbeing for teens, make-up by Horst Kirchberger, Phytomassopodia® foot wellness concept • Silver quartzite treatment rituals • 'Power of stone' signature treatment ritual • Salt for flowing energy treatment ritual • Pine vitality massage treatment • Ulten sheep's wool treatment

ACTIVITIES

Winter: Winter hiking • Snowshoeing & torchlit hikes • 65km cross-country skiing trails • Downhill skiing • Ski tours • Biathlon • Nordic walking • Tobogganing & toboggan rental from hotel • Wildlife watching • One guided hike a week • One torch-lit hike with mulled wine a week • Daily complimentary ski shuttle bus to Ratschings / Racines • Free loan of snowshoes, poles, and backpacks • Ski room with ski depot and ski boot dryer • Hotel's own ski lift just two minutes away with free ski pass for own ski lift • Two ski areas just 15 minutes away by car

Summer: Large sunbathing meadow with impressive view of the Stubai Alps • Complimentary golf in Vipiteno for guests at Plunhof • Weekly hike to the Plunhof Alm with barbecue party, including drinks and food (from mid-June) • Guided adventure hikes • Free use of hiking and Nordic walking poles • Hiking backpack and umbrella in every room • Outdoor table tennis • Mountaineering • Fishing • Mountain biking • Weekly guided e-bike tour – chargeable e-bike hire at the hotel • Nordic walking • High Alpine tours at 3,000m • Aqua aerobics • Yoga

Year-round: Aqua aerobics • Cookery classes • Wine tastings & wine appreciation courses

Events: Harley & snow – speed hill climb in March

HOW TO GET THERE

St Gallen/Switzerland 266km, Bergamo/Italy 310km, Munich/Germany 230km, Stuttgart/Germany 380km

By air: Innsbruck 70km, Salzburg 240km, Allgäu Memmingen 245km

IMAGES

<https://www.flickr.com/photos/marketing-deluxe/collections/72157647375190514/>

Photo credits: Hotel Plunhof

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